

# Health, Sport & Rehab Elite Fitness Concepts

www.EliteFitnessBelmont.com

Monday-Friday 5:00am-10:00pm

Saturday and Sunday: 8:00am-6:00pm

Keyfob Access Required

## MEMBERSHIP INFORMATION

ALL MEMBERSHIPS ARE MONTH-TO-MONTH WITH NO INITIATION FEES & NO CANCELLATION FEES.

<b>Individual Membership</b>	\$44
<b>Family Membership:</b> includes 2 adults and children living in the same household ages 12-22.	\$69
<b>Family Membership with Petite Elite:</b> includes 2 adults and children living in the same home as well as unlimited childcare in Petite Elite	\$99
We offer special rates for active military, teachers, law enforcement, fire and rescue	
<b>Service Individual Membership</b>	\$38
<b>Service Family Membership:</b> includes 2 adults and children living in the same household ages 12-22.	\$63
<b>Service Family Membership with Petite Elite:</b> includes 2 adults and children living in the same home as well as unlimited childcare	\$93
Other rates and fees	
<b>Petite Elite</b> per visit fee	\$5
additional child visit fee	\$3
<b>Keyfob Access Key</b> (required)	\$20

## ELITE SERVICES

### MASSAGE THERAPY

1 hour: \$80

1/2 hour: \$45

3 pack of 1hour sessions: \$225\*

\*discounted rate of \$75 per hour

### ATHLETIC TRAINING & POST REHAB

Initial Evaluation: \$75

1 hour: \$65

1/2 hour: \$45

\*please see the front desk for more information

### PERSONAL TRAINING

1 hour: \$55

1/2 hour: \$35

\*many packages are available, see front desk for more information

### SEASONAL PROGRAMS

See the front desk for more information

on:

Athletic performance

Injury prevention programs

Kids Fit Classes



**Monday-Thursday**

9:00am-11:15am, 5:30pm-7:30pm

**Friday-Saturday**

9:00am-11:30pm

Video monitored childcare visible from all cardio equipment and throughout the facility.

For a private tour or to discuss memberships, please contact Scott at:

[scott@elitefitnessbelmont.com](mailto:scott@elitefitnessbelmont.com) or 703-723-0075